

Have Your Say Questionnaire 2025

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INTRODUCTION

2025 Have Your Say

Kia ora. Welcome to the 2025 Have Your Say survey.

Each year we ask students to complete online surveys to give feedback on their experience as a student of Te Herenga Waka—Victoria University of Wellington. The insights from these surveys are used to inform decision-making and improve student focused initiatives. As a student, your direct feedback is important to the University. Throughout the survey, you will be asked about your general experience at the University, as well as about your experience with technology, the University community, services, and facilities. There will also be opportunities for you to tell us about these topics, in your own words.

All survey responses are confidential and data will be aggregated during analysis. This survey has optional open text questions for users to provide additional comments. These comments may be reviewed to understand the aggregate themes or topics being discussed by users. During the review, if there are concerns about risk, wellbeing, pastoral care or safety, respondents may be contacted. For more information you can review the [University's Privacy Notice here](#).

This year's survey includes several cash prize draws from the University - to review the [Terms and Conditions click here](#).

Once you submit your survey, you will be automatically entered into every remaining prize draw - based on the deadlines listed below. Therefore, the earlier you submit your response, the more prizes you will be eligible to win.

Week 1 Prize Draw (Deadline: Sunday 27 July 11.59pm)

- \$250 cash prize to support your living expenses (4 winners)

Week 2 Prize Draw (Deadline: Sunday 3 August 11.59pm)

- \$250 cash prize to support your living expenses (4 winners)

Week 4 - Grand Prize (Deadline: Sunday 17 August 11.59pm)

- \$500 cash prize to support your living expenses (4 winners)

This survey will take around 20 minutes to complete. Click 'Next' to begin the survey.

ABOUT YOU & YOUR STUDIES

Are you currently residing in New Zealand?

- ☐ I am in New Zealand - within the Wellington region
- ☐ I am in New Zealand - outside the Wellington region
- ☐ I am not in New Zealand

Which of the following are you undertaking at this time:

- ☐ I am taking taught courses
- ☐ I am working on my research/thesis/dissertation
- ☐ My thesis/dissertation is under examination
- ☐ I have defended my thesis/dissertation
- ☐ None of the above

Are you currently enrolled in fully online courses at the University?

- ☐ I am taking all of my taught courses fully online
- ☐ I am taking some of my taught courses fully online and some in-person
- ☐ I am taking none of my taught courses fully online
- ☐ I am not taking any taught courses

CHANGING DEGREES

Have you changed your planned degree or major since you began at Te Herenga Waka—Victoria University of Wellington?

- ☐ Yes
- ☐ No

Students change degrees/majors for lots of reasons. As you made your decision, which of the following influenced your decision to change?

- ☐ The introductory course(s) in my planned degree/major turned me off the subject
- ☐ The courses in my planned degree/major were not delivered in a way that suited my personal situation/commitments
- ☐ The lecturers in my planned degree/major were not approachable
- ☐ My grades in my planned degree/major were not as good as I would have liked
- ☐ My planned degree/major did not offer the topics I wanted to study
- ☐ I realised I was poorly prepared to pursue my planned degree/major
- ☐ My planned degree/major was too competitive or stressful
- ☐ My new degree/major interests me more than my originally planned degree/major
- ☐ I like the students in my new degree/major better than my originally planned degree/major
- ☐ I can get a better job with my new degree/major than my originally planned degree/major

CLASS ENGAGEMENT

During this academic year, how often have you done each of the following:

	Never	Rarely	Occasionally	Often	Very Often
Brought up ideas or concepts from different courses during class discussions	☐	☐	☐	☐	☐
Contributed to a class discussion	☐	☐	☐	☐	☐
Had a class in which the lecturer knew or learned your name	☐	☐	☐	☐	☐
Found your classes so interesting that you did more work than was required	☐	☐	☐	☐	☐
Made a class presentation	☐	☐	☐	☐	☐
Completed a creative project or research paper as part of your coursework	☐	☐	☐	☐	☐
Been unprepared for a lecture	☐	☐	☐	☐	☐
Been confused about what you should be doing in your course	☐	☐	☐	☐	☐
Skipped class	☐	☐	☐	☐	☐
Watched the lecture recording instead of attending class	☐	☐	☐	☐	☐
Turned in a course assignment late	☐	☐	☐	☐	☐

OBSTACLES TO STUDY

During this academic year, how often have each of the following been obstacles to your academic work or success:

	Not Applicable	Never	Rarely	Occasionally	Often	Very Often
Competing family responsibilities	☐	☐	☐	☐	☐	☐
Competing job responsibilities (e.g., paid employment)	☐	☐	☐	☐	☐	☐
Feeling depressed, stressed, or upset	☐	☐	☐	☐	☐	☐
Inadequate study skills (e.g., note-taking, knowing how to start, organising material)	☐	☐	☐	☐	☐	☐
How Nuku is used by lecturers in each of my courses	☐	☐	☐	☐	☐	☐
Other competing responsibilities (e.g., athletics, clubs, internships)	☐	☐	☐	☐	☐	☐
Physical illness or condition	☐	☐	☐	☐	☐	☐
Poor study behaviours (e.g., wait till last minute, easily distracted, too much social time)	☐	☐	☐	☐	☐	☐
Poor study environment (e.g., noisy flatmate, poor internet access, inadequate technology)	☐	☐	☐	☐	☐	☐
Workload across all courses	☐	☐	☐	☐	☐	☐
Availability of courses	☐	☐	☐	☐	☐	☐
Research load	☐	☐	☐	☐	☐	☐
Teaching/tutoring responsibilities	☐	☐	☐	☐	☐	☐
Inadequate advising	☐	☐	☐	☐	☐	☐

LECTURERS

In your courses this year, have you experienced the following:

	Never	Rarely	Occasionally	Often	Very Often
A lecturer who increases your enthusiasm for the subject	☐	☐	☐	☐	☐
Lecturers maintaining respectful interactions in classes	☐	☐	☐	☐	☐
Lecturers providing prompt and useful feedback on student work	☐	☐	☐	☐	☐
Lecturers providing clear guidance on what you need to do to pass	☐	☐	☐	☐	☐
Lecturers providing support to successfully learn online	☐	☐	☐	☐	☐
Lecturers treating students equitably and fairly	☐	☐	☐	☐	☐

How satisfied are you with your access to lecturers outside of class?

- ☐ Very dissatisfied
- ☐ Dissatisfied
- ☐ Neither dissatisfied nor satisfied
- ☐ Satisfied
- ☐ Very satisfied

SUPERVISORS

Thinking about your primary supervisor, how satisfied are you with...

	Very dissatisfied	Dissatisfied	Neither dissatisfied nor satisfied	Satisfied	Very satisfied
The amount of time your supervisor has for you	☐	☐	☐	☐	☐
The expertise of your supervisor in relation to your field of research	☐	☐	☐	☐	☐
The level of respect you receive from your supervisor	☐	☐	☐	☐	☐
The level of research support you receive from your supervisor	☐	☐	☐	☐	☐
The level of writing support you receive from your supervisor	☐	☐	☐	☐	☐
The amount of guidance your supervisor has given regarding scholarships and other financial support	☐	☐	☐	☐	☐
The support from your supervisor to network with other researchers and scholars	☐	☐	☐	☐	☐

In a typical month, how often do you meet with your primary supervisor?

- ☐ Less than once a month
- ☐ Once a month
- ☐ Twice a month
- ☐ Three times a month
- ☐ Four times a month
- ☐ Five or more times a month

Overall, how satisfied are you with your primary supervisor?

- ☐ Very dissatisfied
- ☐ Dissatisfied
- ☐ Neither dissatisfied nor satisfied
- ☐ Satisfied
- ☐ Very satisfied

STUDENT TEACHING

Since beginning your programme of study, have you held any of these paid teaching/tutoring positions that required you to teach students of the University?

- ☐ Tutor
- ☐ Teaching assistant
- ☐ Lab demonstrator
- ☐ Lecturer
- ☐ I have not been asked to teach students

How competent do you feel in each of the following areas related to teaching?

	Have not experienced	Not at all competent	Slightly competent	Competent	Very competent	Extremely competent
Grading student work	☐	☐	☐	☐	☐	☐
Teaching a tutorial	☐	☐	☐	☐	☐	☐
Holding office hours	☐	☐	☐	☐	☐	☐
Teaching in multicultural classrooms	☐	☐	☐	☐	☐	☐
Leading discussions	☐	☐	☐	☐	☐	☐
Teaching a laboratory class	☐	☐	☐	☐	☐	☐
Assessing learning objectives	☐	☐	☐	☐	☐	☐
Managing difficult classroom behaviours	☐	☐	☐	☐	☐	☐
Escalating student issues	☐	☐	☐	☐	☐	☐
Lecturing	☐	☐	☐	☐	☐	☐
Designing course curricula	☐	☐	☐	☐	☐	☐
Developing online courses	☐	☐	☐	☐	☐	☐
Using Nuku for providing content and activities	☐	☐	☐	☐	☐	☐

To what extent do you agree with the following:

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
I received formal training to teach	☐	☐	☐	☐	☐
I received training on using Nuku	☐	☐	☐	☐	☐
I received ideas and advice on teaching from my peers	☐	☐	☐	☐	☐
I received mentoring on my teaching	☐	☐	☐	☐	☐
I received feedback on my teaching by academic staff	☐	☐	☐	☐	☐
I received feedback on my teaching based on student evaluations	☐	☐	☐	☐	☐
Teaching helped my professional development	☐	☐	☐	☐	☐
Teaching enhanced my academic experience	☐	☐	☐	☐	☐
Teaching increased my interest in teaching again in the future	☐	☐	☐	☐	☐
Teaching increased the length of my programme of study	☐	☐	☐	☐	☐

INFORMATION & COMMUNICATION

To what extent do you agree with the following:

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
I understand the academic requirements for my programme of study	☐	☐	☐	☐	☐
I understand the rules and policies of my school/faculty/institute	☐	☐	☐	☐	☐
I understand ethical approaches to AI in my learning	☐	☐	☐	☐	☐
I am confident the programme of study I am undertaking is right for me	☐	☐	☐	☐	☐
I understand what academic integrity means in my programme of study, e.g., how to avoid plagiarism and not cheating	☐	☐	☐	☐	☐
There is open communication between students and lecturers/academic staff	☐	☐	☐	☐	☐
There is open communication between students and schools/faculties/institutes	☐	☐	☐	☐	☐
I have opportunities to influence the design and experience of my learning	☐	☐	☐	☐	☐
My learning journey reflects the University's place in Wellington, Aotearoa–New Zealand, and its bi-cultural context	☐	☐	☐	☐	☐

EXTRA CURRICULAR ACTIVITIES

Please select all of the following you have done this academic year:

- ☐ Attended lectures, symposia, workshops, performances or conferences on international/global topics
- ☐ Presented a paper at a symposium or conference
- ☐ Participated in a panel on international/global topics
- ☐ Published a peer-reviewed research article, book chapter, or book
- ☐ Published a non-peer-reviewed research article, book chapter, or book
- ☐ Worked with a University-led programme on an activity other than coursework (e.g., student organisation, campus committee, cultural activity)
- ☐ Assisted a lecturer in conducting their research or creative project
- ☐ Conducted your own research or creative project outside of your regular coursework
- ☐ Engaged in a research or creative project as a participant or subject
- ☐ None of the above

SKILL DEVELOPMENT

Thinking back to the beginning of your study at Te Herenga Waka—Victoria University of Wellington, how much have you improved in:

	I don't know	Not at all	Slightly	Moderately	Very	Extremely
Ability to be clear and effective when writing	☐	☐	☐	☐	☐	☐
Ability to collaborate across disciplines	☐	☐	☐	☐	☐	☐
Ability to design, conduct and evaluate research	☐	☐	☐	☐	☐	☐
Ability to prepare and make presentations	☐	☐	☐	☐	☐	☐
Ability to read and comprehend academic material	☐	☐	☐	☐	☐	☐
Ability to understand international perspectives (economic, political, social, cultural)	☐	☐	☐	☐	☐	☐
Analytical and critical thinking skills	☐	☐	☐	☐	☐	☐
Capacity to engage in civic affairs/social issues	☐	☐	☐	☐	☐	☐
Creative thinking skills	☐	☐	☐	☐	☐	☐
Interpersonal and teamwork skills	☐	☐	☐	☐	☐	☐
Leadership skills	☐	☐	☐	☐	☐	☐
Library and online information research skills	☐	☐	☐	☐	☐	☐
Oral communication skills	☐	☐	☐	☐	☐	☐
Quantitative (mathematical and statistical) skills	☐	☐	☐	☐	☐	☐
Understanding your field of study	☐	☐	☐	☐	☐	☐

ACADEMIC EXPERIENCE

Overall, how satisfied are you with your academic experience as a student of Te Herenga Waka—Victoria University of Wellington?

- ☐ Very dissatisfied
- ☐ Dissatisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Satisfied
- ☐ Very satisfied

Do you have any additional comments or suggestions that would help the University improve the overall academic experience?

TECHNOLOGY

From the list of digital tools below, please select the tools you have used in your classes, and if they have supported your learning:

	This was used in my classes - it did support my learning	This was used in my classes - it did <u>not</u> support my learning	This was <u>not</u> used in my classes - it would support my learning	I have not used this tool
Nuku via a browser	☐	☐	☐	☐
Nuku via the Canvas Student App or mobile devices	☐	☐	☐	☐
ECS Wiki	☐	☐	☐	☐
Office 365	☐	☐	☐	☐
Qualtrics	☐	☐	☐	☐
TurnItIn	☐	☐	☐	☐
VStream Videos	☐	☐	☐	☐
Zoom	☐	☐	☐	☐
Miro	☐	☐	☐	☐

To what extent do you agree with the following:

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
I get more actively involved in courses that use technology	☐	☐	☐	☐	☐
I attend class even when materials from class lectures are available online	☐	☐	☐	☐	☐
Technology helps me achieve my academic outcomes	☐	☐	☐	☐	☐
Assessments are more accessible for me using digital tools	☐	☐	☐	☐	☐
Assessments are easier for me to pass using digital tools	☐	☐	☐	☐	☐

I have clear and helpful guidelines from my lecturers and tutors on using Artificial Intelligence appropriately

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither disagree nor agree
- ☐ Agree
- ☐ Strongly agree

The University has helped me understand Artificial Intelligence in ways that will support my future work and study

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither disagree nor agree
- ☐ Agree
- ☐ Strongly agree

Is there one thing that could improve the digital learning environment to help you succeed academically?

INFORMATION

How satisfied are you with the quality of information provided by the University regarding:

	Very dissatisfied	Dissatisfied	Neither dissatisfied nor satisfied	Satisfied	Very Satisfied
Degree requirements	☐	☐	☐	☐	☐
University rules and regulations	☐	☐	☐	☐	☐
University services and facilities	☐	☐	☐	☐	☐

COMMUNITY & CONNECTION

Please indicate how strongly you agree or disagree with the following statements in terms of yourself:

	Not applicable	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly Agree
Students of my gender identity are respected at this university	☐	☐	☐	☐	☐	☐
Students of my immigration background are respected at this university	☐	☐	☐	☐	☐	☐
Students of my political beliefs are respected at this university	☐	☐	☐	☐	☐	☐
Students of my ethnicity are respected at this university	☐	☐	☐	☐	☐	☐
Students of my religious beliefs are respected at this university	☐	☐	☐	☐	☐	☐
Students of my sexual orientation are respected at this university	☐	☐	☐	☐	☐	☐
Students with disabilities or impairments like me are respected at this university	☐	☐	☐	☐	☐	☐

To what extent do you agree with the following:

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
Staff are helpful	☐	☐	☐	☐	☐
Staff are knowledgeable	☐	☐	☐	☐	☐
Staff take into account my individual circumstances	☐	☐	☐	☐	☐
I feel connected with the student community	☐	☐	☐	☐	☐
I feel safe at this university	☐	☐	☐	☐	☐
I feel valued as an individual at this university	☐	☐	☐	☐	☐
I feel my opinions are valued at this university	☐	☐	☐	☐	☐
I am proud to be a student at this university	☐	☐	☐	☐	☐
Diversity and inclusivity is important to me	☐	☐	☐	☐	☐
I feel diversity and inclusivity is important at this university	☐	☐	☐	☐	☐
Knowing what I know now, I would still choose to enrol at this university	☐	☐	☐	☐	☐
Fitting into the social scene and finding where I can comfortably socialise is easy (organisations, clubs, student groups)	☐	☐	☐	☐	☐

Do you have additional comments or suggestions on what you would change to help enhance student community at the University?

VUWSA

Are you aware of the following Victoria University of Wellington Students' Association (VUWSA) services?

	Aware and used	Aware but <u>not</u> used	Not aware
Advocacy Services	☐	☐	☐
Class Representatives	☐	☐	☐
Salient	☐	☐	☐

How satisfied are you with the service(s) you have used?

	Very dissatisfied	Dissatisfied	Neither dissatisfied nor satisfied	Satisfied	Very satisfied
Advocacy Services	☐	☐	☐	☐	☐
Class Representatives	☐	☐	☐	☐	☐
Salient	☐	☐	☐	☐	☐

STUDENT SUPPORT SERVICES

Are you aware of the following student support services?

Your Student Services Fee contributes to funding some of these student services at the University.

	Aware and used	Aware but <u>not</u> used	Not aware
Āwhina - Māori student support	☐	☐	☐
Kahukura - Rainbow and Inclusion	☐	☐	☐
Kaiārahi Tahua Tauira - Student Finance Advisers	☐	☐	☐
Manawa Ora - Student Wellbeing	☐	☐	☐
Mauri Ora - Student Counselling	☐	☐	☐
Mauri Ora - Student Health	☐	☐	☐
Ngā Ratonga Kohungahunga - University Kids Wellington	☐	☐	☐
Pasifika Student Success	☐	☐	☐
Pūtea Āwhina - Hardship Fund	☐	☐	☐
Tauira Konene - Refugee-Background Students	☐	☐	☐
Tauria - Student Interest and Conflict Resolution	☐	☐	☐
Te Amaru - Disability Services	☐	☐	☐
Te Ratonga Rapu Mahi - Careers and Employment	☐	☐	☐
University Recreation - Club Support	☐	☐	☐
University Recreation – Sport and Fitness	☐	☐	☐
Kaitohutohu Tauira - Titoko Student Success Advisers	☐	☐	☐
Postgraduate Research Student Advisers	☐	☐	☐
Scholarships Office	☐	☐	☐
Titoko Student Service Centre	☐	☐	☐
Te Haumiri - International Student Experience Team	☐	☐	☐
Te Kopanga - Hall of Residence	☐	☐	☐
Te Kopanga - University Accommodation Services	☐	☐	☐
Te Taiako - Student Learning	☐	☐	☐
WGTN Hall	☐	☐	☐

How satisfied are you with the service(s) you have used?

	Very dissatisfied	Dissatisfied	Neither	Satisfied	Very satisfied
Āwhina - Māori student support	☐	☐	☐	☐	☐
Kahukura - Rainbow and Inclusion	☐	☐	☐	☐	☐
Kaiārahi Tahua Tauira - Student Finance Advisers	☐	☐	☐	☐	☐
Manawa Ora - Student Wellbeing	☐	☐	☐	☐	☐
Mauri Ora - Student Counselling	☐	☐	☐	☐	☐
Mauri Ora - Student Health	☐	☐	☐	☐	☐
Uni Kids Wellington	☐	☐	☐	☐	☐
Pasifika Student Success	☐	☐	☐	☐	☐
Pūtea Āwhina - Hardship Fund	☐	☐	☐	☐	☐
Tauira Konene - Refugee-Background Students	☐	☐	☐	☐	☐
Tauria - Student Interest and Conflict Resolution	☐	☐	☐	☐	☐
Te Amaru - Disability Services	☐	☐	☐	☐	☐
Te Ratonga Rapu Mahi - Careers and Employment	☐	☐	☐	☐	☐
University Recreation - Club Support	☐	☐	☐	☐	☐
University Recreation – Sport and Fitness	☐	☐	☐	☐	☐
Titoko Student Success Advisers	☐	☐	☐	☐	☐
Postgraduate Research Student Advisers	☐	☐	☐	☐	☐
Scholarships Office	☐	☐	☐	☐	☐
Titoko Student Service Centre	☐	☐	☐	☐	☐
Te Haumiri - International Student Experience Team	☐	☐	☐	☐	☐
Te Kopanga - Hall of Residence	☐	☐	☐	☐	☐
Te Kopanga - University Accommodation Services	☐	☐	☐	☐	☐
Te Taiako - Student Learning	☐	☐	☐	☐	☐
WGTN Hall	☐	☐	☐	☐	☐

To what extent do you agree with the following:

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
Student services are connected and seamless	☐	☐	☐	☐	☐
Student services are delivered in a timely manner	☐	☐	☐	☐	☐
Student services are easy to access	☐	☐	☐	☐	☐
Student services are reliable - they deliver what I expect	☐	☐	☐	☐	☐
Student services support me to succeed academically	☐	☐	☐	☐	☐
Student services are integrated into my courses and study	☐	☐	☐	☐	☐

UNIVERSITY SERVICES

How satisfied are you with the following University services:

	Have not used	Very dissatisfied	Dissatisfied	Neither dissatisfied nor satisfied	Satisfied	Very satisfied
Admissions and Enrolment	☐	☐	☐	☐	☐	☐
Assignment Management (Submitting and Returning Assignments)	☐	☐	☐	☐	☐	☐
Nuku (Online Learning Environment)	☐	☐	☐	☐	☐	☐
Course Information on Nuku (Course Outlines)	☐	☐	☐	☐	☐	☐
Course Information on the University Website (Course Finder)	☐	☐	☐	☐	☐	☐
Puaha (Student Portal)	☐	☐	☐	☐	☐	☐
Te Here Tāura Rangahau – Faculty of Graduate Research	☐	☐	☐	☐	☐	☐
Digital Solutions Support Services	☐	☐	☐	☐	☐	☐
Library Resources (Books, Journals and Online Databases)	☐	☐	☐	☐	☐	☐
Library Services	☐	☐	☐	☐	☐	☐
myAllocator (Tutorial Booking)	☐	☐	☐	☐	☐	☐
myDegree (Degree Audit)	☐	☐	☐	☐	☐	☐
School Administration Services	☐	☐	☐	☐	☐	☐
Specialist Equipment or Software	☐	☐	☐	☐	☐	☐
Talis-Aspire (Course Reading Lists)	☐	☐	☐	☐	☐	☐

UNIVERSITY SPACES

How satisfied are you with the following University spaces:

Your Student Services Fee contributes to funding some of these spaces at the University.

	Have not used	Very dissatisfied	Dissatisfied	Neither dissatisfied nor satisfied	Satisfied	Very satisfied
Boyd-Wilson Field	☐	☐	☐	☐	☐	☐
Boyd-Wilson Arena	☐	☐	☐	☐	☐	☐
ClubHouse	☐	☐	☐	☐	☐	☐
The Bubble	☐	☐	☐	☐	☐	☐
Kelburn Recreation Centre	☐	☐	☐	☐	☐	☐
Pipitea Fitness	☐	☐	☐	☐	☐	☐
Cafes and Food	☐	☐	☐	☐	☐	☐
Classrooms (lecture theatres and seminar rooms)	☐	☐	☐	☐	☐	☐
Computer Facilities	☐	☐	☐	☐	☐	☐
Hall of Residence	☐	☐	☐	☐	☐	☐
Lab Facilities	☐	☐	☐	☐	☐	☐
Library	☐	☐	☐	☐	☐	☐
Spaces for Group Work	☐	☐	☐	☐	☐	☐
Spaces for Individual Work	☐	☐	☐	☐	☐	☐
The Hub	☐	☐	☐	☐	☐	☐
Whānau Rooms	☐	☐	☐	☐	☐	☐
University Kids Wellington	☐	☐	☐	☐	☐	☐

SERVICES & FACILITIES

Please rate the overall performance of the services and facilities at Te Herenga Waka—Victoria University of Wellington

- ☐ Very poor
- ☐ Poor
- ☐ Neither poor nor good
- ☐ Good
- ☐ Very good

Do you have any additional comments or suggestions that would help the University improve the services and facilities that support students?

SUSTAINABILITY

Please indicate to what extent you agree with the following statements regarding environmental sustainability:

	Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
I have become more engaged in sustainability issues while enrolled at this University	☐	☐	☐	☐	☐
Sustainability is important to me	☐	☐	☐	☐	☐
This University is environmentally responsible	☐	☐	☐	☐	☐

How far do you live from the University?

- ☐ On campus or < 1 km
- ☐ 1 km to 5 km
- ☐ 5 km to 15 km
- ☐ 15 km to 30 km
- ☐ 30 km or more

Please select your main form of transport to and from the University:

- ☐ Walking or Running
- ☐ Cycling
- ☐ Bus
- ☐ Train
- ☐ Ferry
- ☐ Driving a Private Vehicle (Petrol or Diesel) with no passengers
- ☐ Driving a Private Vehicle (Petrol or Diesel) with passengers
- ☐ Passenger in a Private Vehicle (Petrol or Diesel)
- ☐ Electric or Plug-in Hybrid Vehicle, Driving or as a passenger
- ☐ Motorcycle or Moped
- ☐ Scooter or e-Scooter

In a typical week, which days do you visit a Te Herenga Waka—Victoria University of Wellington campus or facility (excluding Halls of Residence)?

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday
- ☐ Sunday

WELLBEING

How frequently have you worried about your financial circumstances?

- ☐ Never
- ☐ Rarely
- ☐ Occasionally
- ☐ Often
- ☐ Very often

After considering all your sources of funding and income, studying at the University while covering your costs of living is currently manageable.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither disagree nor agree
- ☐ Agree
- ☐ Strongly agree

Please indicate how you have been feeling over the last two weeks:

	At no time	Some of the time	Less than half of the time	More than half of the time	Most of the time	All of the time
I have felt active and vigorous	☐	☐	☐	☐	☐	☐
I have felt calm and relaxed	☐	☐	☐	☐	☐	☐
I have felt cheerful and in good spirits	☐	☐	☐	☐	☐	☐
I woke up feeling fresh and rested	☐	☐	☐	☐	☐	☐
My daily life has been filled with things that interest me	☐	☐	☐	☐	☐	☐

Over the last two weeks, how often have you been bothered by the following problems?

	Not at all	Several days	More than half the days	Nearly every day
Feeling nervous, anxious or on edge	☐	☐	☐	☐
Not being able to stop or control worrying	☐	☐	☐	☐
Feeling down, depressed or hopeless	☐	☐	☐	☐
Little interest or pleasure in doing things	☐	☐	☐	☐

If responding to these questions made you reflect that you could use more wellbeing support, we encourage you to seek the support you need. Would you like to receive an automated email with details about some support options when you submit your survey?

- ☐ No
- ☐ Yes

FINAL FEEDBACK

This is the last page of the survey.

Please select all of the channels where you saw this survey promoted:

- ☐ Facebook/Instagram
- ☐ Whitiki
- ☐ Digital screens on campus
- ☐ My Faculty
- ☐ Email
- ☐ Te Herenga Waka website
- ☐ My Halls
- ☐ Nuku

Is there anything else you would like to tell us about your experience as a student of Te Herenga Waka—Victoria University of Wellington?

Once you click 'SUBMIT' your responses will be submitted and you will be automatically entered into the remaining prize draw(s).

The next screen will display a confirmation of your submission.

Ngā mihi and thank you for taking time to complete this survey and share your experiences.