



The Clinical Psychology Centre

The Clinical Psychology Centre is the training facility for the Clinical Psychology programme at Te Herenga Waka—Victoria University of Wellington.

Opening hours

Monday, Wednesday, Thursday, Friday
9 am–5 pm

Contact details

✉ psychclinic01@vuw.ac.nz

The Centre's purpose is to provide psychological services to the community, and to train postgraduate clinical psychology students under the supervision of experienced clinical psychologists.

WHAT DOES THE CENTRE OFFER?

The Centre offers assessment and therapy for a range of mild to moderate problems. Referrals will be screened by Centre staff members to ensure they are suitable for clinical psychology trainees. Services are available to adults, children, adolescents, and their families.

THE CENTRE OFFERS SERVICES FOR:

- ▶ ADHD
- ▶ Anxiety and phobias
- ▶ Behavioural problems
- ▶ Depression
- ▶ Developmental concerns
- ▶ Learning/cognitive assessments
- ▶ Non-underweight eating disorders and body image difficulties
- ▶ Parenting and parent support
- ▶ Relationship issues, including family and parent/child relationships
- ▶ Sleep problems
- ▶ Stress management and life changes.

HOW DO YOU MAKE AN APPOINTMENT?

The Centre accepts referrals via email only:
psychclinic01@vuw.ac.nz

CONFIDENTIALITY

The Clinical Psychology Centre subscribes to ethical guidelines emphasising privacy, confidentiality, and consent.

RESEARCH

From time to time, the Clinical Psychology Centre is involved in research. Clients may be asked to give permission to participate anonymously. Participation is voluntary and deciding not to participate in research will not affect access to services.

FEES

The Centre charges a fee to cover running costs of the clinic. The fees are as follows:

Waged clients	\$100 per hour
Students/unwaged clients	\$50 per hour
Cognitive/ADHD assessment	\$1,000.

PAYMENT

Payment can be made by EFTPOS at the Centre.

CANCELLATIONS

If you need to cancel an appointment that has already been made for you, contact the Centre at least 24 hours before the time of your appointment.

TEACHING

The Centre provides practical experience for postgraduate students enrolled in the School of Psychological Sciences' clinical psychology training programme.

Students are supervised by senior- and consultant-level clinical psychologists.

Sessions are routinely videoed for training and teaching purposes.

INITIAL APPOINTMENT

Date:

Time:

Supervising psychologist:

Student psychologist:

LOCATION

The Clinical Psychology Centre is located at 20 Kelburn Parade, Kelburn, Wellington.

